



Northeast Nebraska Public Health Department

Promoting physical and mental health and preventing disease, injury and disability in Cedar, Dixon, Thurston and Wayne Counties

Parenting Support

Name	Phone Number	Website	Coverage	Service
Northeast Nebraska Community Action Partnership	402-385-6300	www.nencap.org	Cedar, Dixon, Thurston Wayne & other counties in Northeast Nebraska	Home visits for new families, Information shared about infant and child care personal health & wellness and parenting tips
Nebraska Family Helpline	888-866-8660 *888-556-5117 *For those with hearing and speech impairment with TTY equipment	www.nebraskafamilyhelpline.ne.gov	Statewide	Hotlines for parents dealing with a challenging parent/ child issue
Boystown National Hotline	*800-448-3000 *Spanish speaking Counselors and services for those with hearing and speech impairment also available	http://www.boystown.org/national-hotline	National	
Teammates	402-323-6252	www.teammates.org	Statewide	Provides mentors for 1 hour a week
MOPS	888-910-6677	www.mops.org	National	Connects moms with other moms of preschool children
Department of Health & Human Services	800-600-1289	http://dhhs.ne.gov/publichealth/documents/ChildCareroster.pdf		Listing of Nebraska's Licenced daycare providers from the DHHS website.

Native One Stop	http://www.nativeonestop.gov/benefits/browse-by-category/category/62	The purpose of the program is to begin educating children at an early age through parental involvement, to increase high school graduation rates among Indian parents, and to encourage life-long learning.		
Good Life Counseling & Support	420-371-3044	Statewide	In-Home and Community Treatment Aide Services	
Answers4Families	1-800-746-8420	www.answers4families.org	Statewide	Nebraska's support and information connection for families and professionals seeking assistance
Lutheran Family Sevices	www.lfsneb.org			
Nebraska Foster and Adoptive Parent Association	877-257-0176	www.nfapa.org	Statewide	
University of Nebrasksa-Lincoln Extension-Early Child Development Resources	www.extension.unl.edu/web/child			
National Cooperative Extension System-Parenting Resources	www.extension.org/parenting			
National Cooperative Extension System-Just in Time Parenting eNewsletters	www.extension.org/pages/9198/just-in-time-parenting-community-page			