



Northeast Nebraska Public Health Department

Promoting physical and mental health and preventing disease, injury and disability in Cedar, Dixon, Thurston and Wayne Counties

Anger Management Counseling

Nebraska

Organization	Session Length	Pay Plan/ Reduce Rate	Meeting Times	Phone Number	Location
Addiction & Mental Health Counseling	1 Hour/ 7-8 sessions depends on severity	Yes but contract required	Once a week One on One basis	402-841-3791	Norfolk
Behavior Health Program of Ponca Tribe *	Depends on severity	-----	Depends on severity *Native Americans ONLY	402-371-8834	Norfolk
Good Life Counseling & Support	Depends on severity	No	Depends on severity	402-371-3044	Norfolk
Nancy Hines		Yes	As Needed	402-412-2000	South Sioux City
Odyssey III Counseling Services PC	60 minutes OR 30 minutes	Must be considered by Office Manager	As long as client wishes	402-371-7215	Norfolk
Heartland Counseling	2 hours	Yes	Once a month/ as requested	402-494-3337	S. Sioux City
Winnebago Behavioral Health*	Depends on severity	-----	Depends on severity * Native Americans ONLY	402-878-2911	Winnebago

Iowa

Associates for Psychiatric Services		No	Individual Sessions as Needed	712-234-0220	Sioux City
Associates for Psychological & Therapy Services		PP Yes / RR No	Individual Sessions as Needed	712-252-1473	Sioux City

Iowa Department of Corrections	1 Day Seminar	Free ONLY if under the supervision of Correctional facility.	Once every other month	712-252-0590	Sioux City
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South Dakota

Organization	Session Length	Pay Plan/ Reduce Rate	Meeting Times	Phone Number	Location
Family Counseling Services	1 Hour	May be flexible	Once a week	605-665-9084	Yankton
Family Education and Counseling Center	1.5 Hours 8 sessions	\$25 deposit \$25 weekly	Once a week	605-260-9284	Yankton
GreenTree Psychologist Services Inc.	1 hr	May be Flexible	Once a week	605-668-2222	Yankton
Stronghold Counseling Services	50-60 minutes	Yes	Depends on severity	866-802-0003	Yankton